

May 2024

A31 Group PCN NEWSLETTER



Health & Wellbeing
at the Heart of
Our Community

Your PCN and who we are

We are the A31 Group PCN and we work closely with three surgeries in the Alton area. Those surgeries are The Wilson Practice, Chawton Park Surgery, and Boundaries Surgery. So what is a PCN? PCN stands for Primary Care Network and we are a key aspect of the long-term plan for the NHS. The structure of a PCN allows services to be developed locally, in response to the needs of the patient population, with collaborative working from all three GP surgeries and the wider health and social care community.

We will be bringing you news from the PCN, the three surgeries, and events taking part within the area related to health and social care.

PCN NEWS

Measles is on the increase again and there is lots of talk about whether people are vaccinated or not. You can do this by contacting your surgery and they can let you know or give you access to your vaccination history via the NHS App. You can also be vaccinated by contacting your surgery.



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Alton Primary Care
Alton Health Centre, Anstey Road, ALTON,
Hampshire, GU34 2QX
Telephone: 01420 84676



Alton STROKE Group - We are a small, friendly group offering support to stroke survivors, carers, and families in Alton & surrounding areas.

We meet regularly in an accessible venue for friendship, shared experiences, and information regarding living with a stroke.

For more information or a chat, please contact us by phone 07340739251 or by email: admin@altonsupportgroup.co.uk. Do come along!

COVID Spring Boosters



As a PCN, we have been commissioned by the Hants and IOW ICB to provide a roving hub service to offer those who are eligible across Hampshire the chance to get their Covid Boosters from a more convenient location. For more information, you can check the PCN website at www.A31pcn.co.uk which will give you all the upcoming locations for the roving service.



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News from the Surgeries

Each month we will bring you updates from the PCN Surgeries to keep you informed.

The Wilson Practice



THE WILSON PRACTICE

We have our PPG AGM on Monday 13th May. This is open to all patients and is at the surgery from 6:30 pm - 8 pm.

We currently have some vacancies at the surgery, please look at our website for more information.

eConsult data:

Change to our eConsult opening times: Further to patient feedback, we will be reviewing our eConsult opening hours and volume. We have moved to 50% of appointments being for routine (as triaged by the clinical triage team) and 50% urgent/ book on day. We will share with you our capacity figures weekly on Facebook and the Website. Due to staffing we are likely to have more availability on Mondays and Tuesdays and less towards the end of the week in order for us to distribute the workload over the week.

We will be sending round a patient feedback survey to help us finalise this change over the next few days.



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Chawton Park Surgery.



Southern Water are doing some remedial works on Chawton Park Road, access to the Surgery will be from the Alton end of Chawton Park Road only.

We are currently recruiting, if you are interested then please take a look at our website.

The AGM for Chawton Park Surgery Patient Participation Group (PPG) will take place at Chawton Park Surgery on Wednesday 15th May 2024 at 6 pm.

The AGM is open to all patients but if you plan to attend, please email PPG Chair, Ian Saunders at PPG.chawtonparksurgery@nhs.net by 8th May latest due to limited space in the meeting room. Please also email Ian Saunders if you have a question for the AGM or would like to find out how to join our patient group.



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Boundaries Surgery



For those of you who wish to travel to the surgery by bicycle, we have installed cycle racks outside the front of the building.

We recently held one of our ever-popular drive-through clinics at The Church of The Good Shepherd. This one was for the Covid Spring Booster and it was a great success. Thank you to all who attended and to all the staff for helping us put on such a great clinic.

We have our annual PPG AGM taking place on the 22nd May 6.30pm at the Surgery. If you would like to attend please email Dennis Thomas at dthomas693@btinternet.com



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Social Prescriber Events 2024



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| Date | Event |
|--------------|--|
| May 13 | Diabetes Event Alton Community Centre. 9.30am - 1pm |
| May 13 -19 | Mental Health Awareness Week "Improve your mental health" |
| June 10-16 | Men's Health Week. "Men don't talk", we're told. So for Men's Health Week 2024 we're encouraging men to share their stories |
| July 1-7 | Alcohol Awareness Week. "kick the habit" |
| August 7 | Women's Health Day. We have created this day to help support mums and women during the busy holidays with breast cancer advice, postnatal depression info, mental health support and more |
| September 10 | Suicide Prevention. "Improve your mental health" |
| Sept 9-15 | Savings Week |
| October | Stoptober. Encouraging people to stop smoking |
| October 10 | Mental Health Day. We will be going to the 3 surgeries within the PCN. Join us or catch up on a pre recorded Webinar |
| November 6 | Stress Awareness Day. "Improve your mental health" |
| November 23 | Self-Care Fair. Join us for this years self-care fair. More information coming soon. |



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